

Carol J. Henry



Dr. Carol J. Henry is an Associate Professor in the College of Pharmacy and Nutrition, University of Saskatchewan. She received her MSc in Food Systems Administration from Loma Linda University, California, and a MEd and PhD (Education, policy) from the University of Western Ontario. She is also an Associate Member of the College of Education, University of Saskatchewan. As a practitioner-scholar in community-engaged research, Dr. Henry leads a multi-faceted research scholarship agenda on local and global initiatives aimed at addressing the determinants of, and solutions to, food insecurity and malnutrition - utilizing traditional and innovative practices through nutrition-agriculture and gender link, specifically through pulses production and consumption in under-resourced communities such as in Ethiopia. In partnership with colleagues at Hawassa University, Ethiopia, and the University of Saskatchewan, she currently leads a project entitled Improving Human Nutrition in Ethiopia through Plant Breeding and Soil Management funded by the International Development Research Centre (IDRC) and the Department of Foreign Affairs and Development, Canada. Her international research applies mixed-methods and participatory techniques to explore the institutional processes affecting food and nutrition security and livelihood with a particular focus on integrating scientific knowledge for innovation. Her work in Trinidad and Tobago, and more recently the Turks and Caicos Islands and Dominica, involves promoting healthy food choices and lifestyle behaviors among school-aged children. She devotes considerable efforts to capacity building of research institutions in the Caribbean and Africa to integrate research findings into community uptake and policy. She has published widely in international conference proceedings, scientific journals and engages with the wider community through various media outlets. She is the recipient of several awards including the Leadership Recognition award, Dietitians of Canada for Leadership with the Caribbean Canada Network and the Bread and Roses award for leadership in research and development relating to women's health. She currently serves as a member of the Board of Governors for Canadian University College, La Combe, Alberta, Canada.